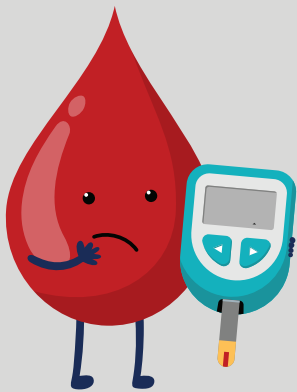


Free Access to the Newest
US and Global Data



Diabetes or prediabetes affects over half of US adults.

(based on 2017 to 2020 data)



Heart Disease & Stroke Statistics 2025 Update

The American Heart Association (AHA) **2025 Statistics Update** is a major source for monitoring cardiovascular health, risk factors, and disease in the US and global population. It is published annually in *Circulation* and can be accessed for free at AHAjournals.org/StatUpdate

25.5%
of US adults have **high LDL-C** (≥ 130 mg/dL)
(based on 2017-2020 data)



3.65 million
deaths globally were attributed to high LDL-C
(based on updated 2021 data)

 **224.3**
per 100,000

The age-adjusted **US death rate attributable to CVD** (based on 2022 data)

 **235.2**
per 100,000

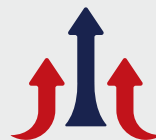
The age-adjusted **global death rate attributable to CVD**
(based on updated 2021 data)



On average, someone in the US dies of **CVD** every **34 seconds**
2580 US deaths from CVD each day (based on 2022 data)



On average, someone in the US dies of a **stroke** every **3 minutes and 11 seconds**
453 US deaths from stroke each day (based on 2022 data)



Stroke deaths in the United States increased by 28.7% between 2012 and 2022.

Heart Disease & Stroke Statistics 2025 Update



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The prevalence of **obesity** in children and adolescents 2 to 19 years of age was

20%

in 2017 to 2020.



25.2% of US youth 6-11 years of age

and

12.9% of US youth 12-17 years of age

meet the US recommendation of at least **60 minutes of physical activity every day.**

(based on 2022 data)



1 in 8

male adults

in the United States reported **cigarette use** every day or some days.

(based on 2021 data)



1 in 10

female adults

in the United States reported **cigarette use** every day or some days.

(based on 2021 data)



1 in 10

high school students

in the United States used **e-cigarettes** in the past 30 days.

(based on 2023 data)

United States: Adults



29% have a **healthy weight**

71% have **overweight** or **obesity**

(based on 2017-2020 data)

In 2021, **Alzheimer disease and other dementias** affected

57 million

people globally.



Global: Adults



41% have a **healthy weight**

59% have **overweight** or **obesity**

(based on 2022 data)



In 2020 to 2021 the annual direct and indirect **costs of CVD** in the United States were an estimated

\$417.9 billion

Access the full report at: AHAjournals.org/StatUpdate