

Council on Lifestyle and Cardiometabolic Health's



Most impactful publications – 2016

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Chiu S, Bergeron N, Williams PT, Bray GA, Sutherland B, Krauss RM. **Comparison of the DASH (Dietary Approaches to Stop Hypertension) diet and a higher-fat DASH diet on blood pressure and lipids and lipoproteins: a randomized controlled trial.** *Am J Clin Nutr*

Chomistek AK, Henschel B, Eliassen AH, Mukamal KJ, Rimm EB. **Frequency, Type, and Volume of Leisure-Time Physical Activity and Risk of Coronary Heart Disease in Young Women.** *Circulation*

Creatore MI, Glazier RH, Moineddin R, Fazli GS, Johns A, Gozdyra P, Matheson FI, Kaufman-Shriqui V, Rosella LC, Manuel DG, Booth GL. **Association of Neighborhood Walkability With Change in Overweight, Obesity, and Diabetes.** *Circulation*

Ding D, Lawson KD, Kolbe-Alexander TL, Finkelstein EA, Katzmarzyk PT, van Mechelen W, Pratt M. **The economic burden of physical inactivity: a global analysis of major non-communicable diseases.** *Lancet*

Ekelund U, Steene-Johannessen J, Brown WJ, Fagerland MW, Owen N, Powell KE, Bauman A, Lee IM. **Does physical activity attenuate, or even eliminate, the detrimental association of sitting time with mortality? A harmonised meta-analysis of data from more than 1 million men and women.** *Lancet*

Rebholz CM, Anderson CAM, Grams ME, Bazzano LA, Crews DC, Chang AR, Coresh J, Appel LJ. **Relationship of the American Heart Association's Impact Goals (Life's Simple 7) with risk of chronic kidney disease: results from the Atherosclerosis Risk in Communities (ARIC) cohort study.** *J Am Heart Assoc*

Jakicic JM, Davis KK, Rogers RJ, King WC, Marcus MD, Helsel D, Rickman AD, Wahed AS, Belle SH. **Effect of Wearable Technology Combined With a Lifestyle Intervention on Long-term Weight Loss: The IDEA Randomized Clinical Trial.** *JAMA*

Parker ED, Sinaiko AR, Kharbanda EO, Margolis KL, Daley MF, Trower NK, Sherwood NE, Greenspan LC, Lo JC, Magid DJ, O'Connor PJ. **Change in Weight Status and Development of Hypertension.** *Pediatrics*

Slentz CA, Bateman LA, Willis LH, Granville EO, Piner LW, Samsa GP, Setji TL, Muehlbauer MJ, Huffman KM, Bales CW, Kraus WE. **Effects of exercise training alone vs. a combined exercise and nutritional lifestyle intervention on glucose homeostasis in prediabetic subjects: a randomised trial.** *Diabetologica*

Series of 3 articles in *NEJM*:

- Marso SP, Daniels GH, Brown-Frandsen K, Kristensen P, Mann JF, Nauck MA, Nissen SE, Pocock S, Poulter NR, Ravn LS, Steinberg WM, Stockner M, Zinman B, Bergenstal RM, Buse JB; LEADER Steering Committee. **Liraglutide and Cardiovascular Outcomes in Type 2 Diabetes.**
- Marso SP, Bain SC, Consoli A, Eliaschewitz FG, Jódar E, Leiter LA, Lingvay I, Rosenstock J, Seufert J, Warren ML, Woo V, Hansen O, Holst AG, Pettersson J, Vilsbøll T. **Semaglutide and Cardiovascular Outcomes in Patients with Type 2 Diabetes.**
- Zinman B, Lachin JM, Inzucchi SE. **Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes.**

*Join us at the Joint Council Dinner, Thursday, March 9, 2017 at 7:00 pm
Hilton Portland & Executive Tower (Pavilion Room, Plaza Level) to hear more details*